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A FREE birdwatching event takes place at The Millennium Visitor and Education Centre in Rush Green this weekend.

Visitors to the contemporary building in Dagenham Road will get a chance to learn how to spot and identify a variety of birds.

Organiser, Gavin Johnson, said: "There is no need to book, just turn up. Everyone is welcome.

"If you fancy a relaxing stroll around the beautiful countryside followed by a tasty snack, this is just the place."

For more details, call 020 8595 4155.

**FREE EVENT: Gavin Johnson at the Millennium Education Centre.**

Picture by Roy Tillett



**Watch  
the birdies**

## NHS TRUST IN POOR HEALTH

By Peter Henn

BARKING, Havering & Redbridge NHS Hospitals Trust's failing finances have been made worse by the costs of interest on loans taken to build Queen's Hospital, Romford, a report has discovered.

An Audit Commission report found the Trust, which also runs King George Hospital, Goodmayes, pays out 4.6 per cent of its annual operating costs on interest generated by the Private Finance Initiative (PFI) scheme.

The commission said the Trust needed to constantly assess things which could cause it further financial difficulties, deliver agreed savings plans on time, and keep its staffing data up to date to make sure plans could be based on accurate information.

Auditor, Jon Hayes, said the Trust did not have a 'culture' which recognised how important financial management was.

He added: "Staff need to realise sound financial management is an important part of their job."

The Trust has been running a

deficit since the 2005/06 financial year, and is now losing more than £22m a year.

The report said the Trust's performance over the last five years had been characterised by a failure to deliver agreed savings plans, frequent changes to the management team and ongoing changes to plans to turn things around.

The Trust has seen three chief executives in the five years covered by the report, with Mark Rees leaving in 2007, to be replaced by John Goulston, who left to become head of provider development at

NHS London.

Mr Goulston will be replaced by Averil Dongworth next month, and in the meantime, head of nursing Deborah Wheeler is the interim chief executive.

The Trust's director of finances, David Wragg, said while he accepted the report, there were 'steady' improvements in the financial position.

He added: "We are confident further significant progress will be made over the coming year and are still on target to achieve Foundation Trust status by 2014."

### Woman jailed

A 30-YEAR-OLD woman has been jailed for 15 months for falsely reporting she had been raped.

Joanne Parker, of Boleyn Road, East Ham, told police a 17-year-old had raped her in Dagenham in May 2009 but the investigation that followed found she had made it up.

She pleaded guilty to perverting the course of justice on Friday at Snaresbrook Crown Court.

### Bus shelters

POLICE are investigating the mystery of disappearing bus shelters.

Since July last year, police have investigated 100 incidents of the metal structures being stolen across the borough. The thefts often take place at night.

Police would like anyone who sees a bus stop's signage being tampered with by anyone who does not appear to have a Clear Channel van to call the police immediately.

### Family Day

DAGENHAM and Redbridge FC is holding a family fun day on Saturday to help stop racism in football.

Daggers against Racism Family Day will offer discounted tickets for the team's game against MK Dons.

To promote integration, fans will not be segregated during the game.

Tickets start at just 99p for adults and 25p for children - for more information, visit [www.daggers.co.uk](http://www.daggers.co.uk)

Becontree, Becontree Heath, Chadwell Heath, Creekmouth, Rush Green, Parsloes Park, Upney



# INSIDE this week



New chief  
executive  
set to come  
in

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## YellowAdvertiser

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**By Martyn Dolton**

POLICE are becoming increasingly concerned about a missing girl from Milton Keynes who may be in the borough.

Fourteen-year-old Jasmine Gogdell from Bletchley, Milton Keynes, was last seen on December 27, 2010.

She is believed to have come to Barking and Dagenham to be with her boyfriend.

Jasmine is white, about 4 ft 9" tall. She has dyed ginger shoulder length hair and hazel eyes.

Anyone who has information concerning Jasmine's whereabouts should contact Milton Keynes Missing Person's Co-ordinator on 08458 505505 quoting reference URN 846/271220.

**MISSING: Jasmine Gogdell.**

# Fears grow for missing teenager

## SINGLES



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## WOMEN seeking

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**ATTRACTIVE** female, 50, medium build, caring, homely, seeks nice gent for romance to share good/bad times. Tel No: 0905 436 0258 Box No: 335721

**BROADMINDED** 22yr old female who loves travel, socialising and cosy nights in, looking for her prince charming, any age/status. ACA. Tel No: 0905 436 0258 Box No: 357157

**PATRICIA** outgoing, confident, feminine, warm, friendly, smart, good company, attractive, seeks similar male. Tel No: 0905 436 0258 Box No: 347215

**BRIGHT** bubbly, curvy blonde, bit of a romantic, seeks loving male to share the fun loving side of life with. Looks unimportant. Tel No: 0905 436 0258 Box No: 338461

**SHIRLEY** 44, black, attractive, GSOH, seeks white male for fun, nights out, cinema, meals etc. Tel No: 0905 436 0258 Box No: 356487

**CARIBBEAN** female, 60, 5ft 2ins, size 14, likes travel, cinema, theatre, seeks gentleman, 60-65. Tel No: 0905 436 0258 Box No: 321075

**IRIS** active 70id, widow, GSOH, seeks N/S gent for meetings and meals out. Hornchurch. Tel No: 0905 436 0258 Box No: 355711

**SUZANNE** 35, beautiful blonde, seeks discreet male for chats and a relaxing glass of wine anytime. ACA, status unimportant. City area. Tel No: 0905 436 0258 Box No: 342527

**5FT** 4ins female, medium build, GSOH, seeks male, 42-60, medium build, attractive for possible LTR. Tel No: 0905 436 0258 Box No: 354491

**ATTRACTIVE** black lady, 5ft 6ins, black hair, slim, kissable lips, likes walks, horse riding, go karts, seeks professional white male, 35-45, athletic, 5ft 11ins-6ft. London. Tel No: 0905 436 0258 Box No: 353897

**FEMALE** 53, young looking, fashionable, trendy, likes nice restaurants, holidays, seeks gent with similar outlook. Tel No: 0905 436 0258 Box No: 325057

**ATTRACTIVE** homely, romantic lady, medium build, 51, seeks genuine, stocky, honest guy 41-58. Romford. Tel No: 0905 436 0258 Box No: 352827

**65YR** old slim brunette, caring, loving, many interests, arts, coastal walks, animals, cooking, seeks attractive, compatible male. Dog owner in Maidstone perfect. Tel No: 0905 436 0258 Box No: 383676

**FEMALE** 29, HIV, likes cinema, music, countryside, cosy nights in, seeks good male. Tel No: 0905 436 0258 Box No: 357327

**52YR** old female, likes walks, animals, theatre, cinema, seeks male for companionship/LTR. Tel No: 0905 436 0258 Box No: 357291

**NICE** lady 50, blonde hair, 5ft 5ins, attractive, homely, romantic, caring, genuine, seeks medium-stocky build nice guy for LTR. Tel No: 0905 436 0258 Box No: 338619

**SANDY** 62, young looks, likes meals out, walks, reading, cooking, seeks nice sincere male, 58-68 for friendship and more. Hornchurch. Tel No: 0905 436 0258 Box No: 354701

**47YR** old black female, professional, single mum, likes most things, seeks professional white male for relationship. Cumberwell. Tel No: 0905 436 0258 Box No: 354075

**COME** live with me. Medic, petite, stunning, long hair, seeks very rich, tactile, generous gent. I will care for you forever. Essex. Tel No: 0905 436 0258 Box No: 351333

**PENNY** slim, sporty, attractive, excellent company, enjoys the outdoors, cycling, walks, sailing, theatre, travel, seeks intelligent, likeminded gent for friendship, maybe more. London. Tel No: 0905 436 0258 Box No: 351273

**TALL** slim, blonde, blue, 60yrs young adventurous gal, seeks 6ft plus, N/S black guy of similar age or younger to care about. Tel No: 0905 436 0258 Box No: 368444

**YOUNG** looking 62, size 12-14, nice personality, likes meals out, country pubs, places of interest, seeks sincere, honest male for friendship, maybe more. Tel No: 0905 436 0258 Box No: 350115

**BARBARA** divorced, active, 5ft 7ins, dark hair/eyes, likes cinema, theatre, meals out, holidays, seeks intelligent male with GSOH for friendship, maybe more. Tel No: 0905 436 0258 Box No: 346745

## MEN seeking

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**HANG** on to yourself! Stylish male, 5ft 8ins, likes music, film, art, seeks attractive, shapely female, 28-38 for enjoyable times, maybe more. Tel No: 0905 436 0258 Box No: 356889

**36YR** old male, clear minded, looking to start afresh with happy, confident, slim lady for holidays, good times and LTR. Tel No: 0905 436 0258 Box No: 356807

**HANDSOME** male, 47, businessman, seeks attractive, well to do lady for daytime fun only. Tel No: 0905 436 0258 Box No: 356739

**TALL** attractive white male, 48, considerate, easygoing, likes arts, theatre, culture, seeks female of any age with similar interests. Tel No: 0905 436 0258 Box No: 356719

**MARK** honest, caring, 5ft 9ins, blue eyes, short hair, medium build, likes nights in, seeks female. Tel No: 0905 436 0258 Box No: 383340

**ANDREW** 59, seeks similar aged female for friendship and LTR. Tel No: 0905 436 0258 Box No: 357261

**CHRIS** good looking, young 45yr old male, GSOH, 5ft 10ins, blue eyes, easygoing, smart, loving, up for good times, seeks female for friendship, maybe more. Tel No: 0905 436 0258 Box No: 357223

**32YR** old professional male, seeks female for friendship and relationship. Tel No: 0905 436 0258 Box No: 383644

**HELPFUL** attractive, young 43 male, 5ft 7ins, homely, family type, seeks pretty, petite, slim female for everlasting love. Dartford. Tel No: 0905 436 0258 Box No: 357207

**SEAN** 42, no ties, loving, affectionate, romantic, lots of TLC, seeks someone special. Tel No: 0905 436 0258 Box No: 357195

**ACTIVE** easygoing, N/S, mid 60's male with traditional values and varied interests, seeks slender, positive, pleasantly spoken lady aged around 60, Havering. Tel No: 0905 436 0258 Box No: 354879

**BRIAN** seeks female, 35-40 for LTR. Tel No: 0905 436 0258 Box No: 357357

**EX** Para 60's, fit, 5ft 8ins, seeks slim, caring lady, 20-50 with GSOH for fun, genuine relationship. Tel No: 0905 436 0258 Box No: 357345

**THE** finer things. Single, professional male, 6ft 2ins, 48, fair hair, blue eyes, seeks warm, sensual female, 35-45 for romantic weekends and holidays. Tel No: 0905 436 0258 Box No: 357303

**ALAN** young 46, attractive, green eyes, brown hair, 6ft, medium build, white, fun, loyal, N/S, seeks female for friendship/romance. Tel No: 0905 436 0258 Box No: 356671

**JOHN** 44, seeks female, 55 plus for no strings fun. Tel No: 0905 436 0258 Box No: 356821

**YOUNG** looking 57yr old male, seeks petite, red headed female with lovely green eyes, 38-52 for relationship. Tel No: 0905 436 0258 Box No: 383182

**GIVE** me a try! Easygoing male, 5ft 5ins, GSOH, seeks smart female for companionship and discreet fun. Tel No: 0905 436 0258 Box No: 356753

**GOOD** times ahead with 50's sensible guy, GSOH, medium build, likes all things cultural, travel, seeks lady with similar interests for friendship, maybe more. NW London. Tel No: 0905 436 0258 Box No: 383024

**AFFECTIONATE** white male, 61, 5ft 7ins, medium build, N/S, varied interests, seeks caring, female with GSOH for friendship, maybe more. Tel No: 0905 436 0258 Box No: 347933

**SHEFFIELD** male, 42, genuine, honest, lots of love to give, seeks special lady, 35-42. Tel No: 0905 436 0258 Box No: 383402

**SINGLE** professional male, N/S, attractive, 5ft 7ins, medium build, vegetarian, 50, young outlook, seeks white female for relationship. Tel No: 0905 436 0258 Box No: 354781



**JOHN** 65, honest, reliable, caring, fit, N/S, likes walks, meals out, cinema, tennis, seeks female for friendship, maybe more. Tel No: 0905 436 0258 Box No: 355953

**PROFESSIONAL** successful male, 45, 6ft, adventurous, fun loving, romantic, seeks attractive, outgoing female to enjoy the good things in life with. Brighton. Tel No: 0905 436 0258 Box No: 355361

**YOUNG** male, medium build, seeks older, adventurous, passionate lady, 40 plus for fun nights in with good food and wine. London/Herts. Tel No: 0905 436 0258 Box No: 353083

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**FEMININE** lady who knows how to treat her man seeks strong minded male to care for, any area London/Surrey/Kent Tel No: 0905 436 0258 Box No: 356985

**ATTRACTIVE** non scene gay hunk, late 20's, seeks older, solvent gent, 65 plus for mutual fun times. Tel No: 0905 436 0258 Box No: 348543

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LIBRARY: Afia Benewaa reads a story to daughter Myra, three, at Markyate Library. Picture by Roy Tillet

# Libraries to stay

By Martyn Dolton

BARKING and Dagenham Council has decided not to close libraries as part of its cost-cutting measures.

The authority had looked into the possibility of closing half of the borough's 12 libraries, but public outcry has forced the authority to rule out the idea.

The move would have saved £750,000, the authority said.

The library savings proposals were considered by the council's Safer and Stronger Community select committee and by the council's cabinet before being ruled out.

A new review of the borough's library provision will now take place to see how money could be saved within the service without having to shut any sites.

Councillor Bert Collins, cabinet member for culture and sport said: "None of us want our local libraries

to suffer because the Government has decided to slash our funding, but because of the scale of the cuts, we had no option but to look at possible savings in our library budget - and that included possible closures this year.

"We value the role of libraries in our local community and recognise community feelings about them, so we have decided to rule out any closures to make budget savings in this financial year."

## > speedread

### Enter a photo competition

AMATEUR photographers of all ages still have time to enter a photography competition being run by the Junior Rangers Club.

Photos must be taken in one of Barking and Dagenham's parks, and should be submitted by Sunday, January 30.

The winners will have their picture printed onto canvas. All the details can be found at [www.lbdd.gov.uk](http://www.lbdd.gov.uk)

### Bag yourself a bargain book

A BOOK sale is taking place on Saturday to raise money for Valence House Museum.

The sale will take place at the museum in Becontree Avenue, Dagenham, between 10am and 3pm. Admission to the event is free.

### Sign up for 'How to...' sessions

AN INFORMATION session on how to become a How to become a Magistrate, Councillor or a School or Community Governor is being held.

The event takes place on Thursday, January 27, at Marks Gate Community Hall, Rose Lane, Marks Gate, Chadwell Heath at 6.30pm.

All places must be booked in advance as space is limited.

For more information or to reserve your place, call 020 8532 7328.

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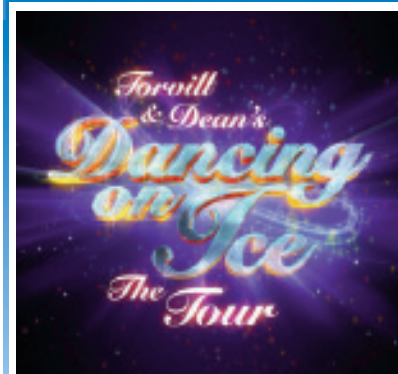
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**VISIT:** Barking and Dagenham Mayor, Councillor Nirmal Singh Gill, Clerk of Works, Brian Murdoch, Beverley Gull MBE, Craig Moate and Leadbitter Project Manager, Gary Page.

# New pool takes shape

By Martyn Dolton

TWO of the borough's swimming greats visited Dagenham's new swimming pool 600 days before the 2012 Paralympic Games.

Beverley Gull MBE and Craig Moate visited Becontree Heath Leisure Centre, which is on schedule and nearing completion. The pool has now been tiled and the fabric of the building is mostly in place.

Becontree Heath Leisure Centre

will replace Wood Lane Sports Centre and Dagenham Swimming Pool.

Constructed by the Leadbitter Group, the new centre will include a 25 metre, 10 lane pool, learner pool, four badminton courts, cafe, 90 station fitness suite and two workout studios.

It is expected to be open to the public in late spring.

Beverley was founder member of Barking Beavers Swimming Club and won eight Paralympic swim-

ming medals and 41 international golds, breaking 13 world records in the process.

She was made an MBE in 1992 for services to disabled sport and was given Freedom of Barking and Dagenham in 2009.

Craig is a member of the Great Britain Learning Disability swim team and has broken 11 world records with more than 30 international gold medals to his name.

He was also awarded the YMCA Disabled Sports Person of the Year

at the sports awards held by the borough in December.

Beverley said: "It's great to see such a fantastic leisure centre and pool taking shape in my home borough.

"I hope the new pool will encourage many more people to take up swimming and make it a regular part of their lives.

"Maybe this pool will even be home to the borough's next Olympic or Paralympic swimming medallist."

The editor formally known as

# Fidge



WHEN we moved house last year, I took the opportunity to upgrade our TV equipment to one that allows me to record shows digitally. I'm sure you can work out the company I'm talking about without me giving them free publicity here.

It seemed to be perfect. So often there would be something I wanted to watch that the Missus didn't or a film that went on after a reasonable bedtime. But now there are two problems that are growing.

Firstly, I'm losing memory. Fortunately, it's not the grey cells that are dwindling, it is the amount of space on my TV's memory box.

Initially it was quite easy to manage. Too many episodes of Countdown? Delete a few. Same with Spooks and Merlin and a whole host of other shows. Keep the Doctor Who though, of course.

After six months though, there's only 40 per cent of memory left. This is meant to be something that lasts years.

Of course there's a few films on there to watch and get rid of, but a lot of stuff I want to keep. Entire series of Doctor Who for instance. At some point, sacrifices will need to be made.

The other problem is also due to over-recording but is easier to explain by example. I sat down to watch the telly while the Missus was going through her e-mails on the computer. I went to change the channel but instead got a warning screen. Two programmes were already being recorded at that time, so I couldn't turn over to watch something else.

So I was stuck with the dilemma of either watching cancelling the recording of one of the shows the Missus had wanted to watch or sit and watch it myself. I did the latter, not daring to do the former.

And so we're stuck in a vicious circle of not being able to watch stuff we've recorded because the TV system is too busy recording twice as much more!

At this rate, I'll have to buy another box.

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# Meet council's new chief exec

By Martyn Dolton

BARKING and Dagenham Council's new chief executive has been named.

Stella Manzie, who is currently director general for justice and communities with the Scottish Government, will take over the role from March.

She will earn £150,000 a year which is a reduction of the £196,000 salary of Rob Whiteman, the last permanent chief executive.

Mr Whiteman stepped down from his post last year with corporate director of customer services, David Woods, stepping in as acting chief executive.

He will continue with his role until Ms Manzie starts.

The appointment was made by the Full Council at its meeting last week.

Ms Manzie said: "I am very excited about my appointment at the London Borough of Barking and Dagenham.

"At a time of serious challenges in the public sector, this role must be one of the most exciting and demanding in local government.

"I look forward to working closely with councillors, staff, local residents and all our partners."

**NEW ROLE:** Stella Manzie will take over as council chief executive in March.



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### Saturday, January 22

- Art Group Wanstead's Art and Craft Fair - Upstairs at The George Pub, Wanstead High Street, E11, 10am-4.30pm, admission free, refreshments available.
- Family Learning Courses - Redbridge Institute of Adult Education, Kingfisher Room, James Leal Centre, Ray Park Snakes Lane East, Woodford Green, 'Tales from Nature', 5 week course, (max 2 children per adult, children must be accompanied by adults), 12.30-2.30pm, free, to book call 020 8550 2398 quote course code PFL888 or just come along on first day.
- Winter Woodland Walk - Claybury Woods and Park, 9-11.30am, join Pat Hart, seeing resident and wintering birds, 12 years plus, free, enquiries 020 8559 2316.
- Sapnary School of Dance - The first ever UK Bollywood Dance Champions teaches Bollywood, Bhangra, Street and Hip Hop, classes 3pm onwards at Fitness First, 261-275 High Road, Ilford, 020 8248 5491.
- Stress Relief and For Balancing the Mind and Body - The Lavender Room, Ilford, special price for Hot Stone Massage for the over 60's, call Manjula 020 8252 1891 or 07929 038251.

### Sunday, January 23

- Farmers' Market - Valentines Mansion, Emerson Road, Ilford, 11am-3pm, free admission, enquiries 020 8708 8100.
- Afternoon Tea - Valentines Mansion, Emerson Road, Ilford, explore how tea is enjoyed in South Asia, 2-3.30pm, all ages welcome, free, booking essential. 020 8708 8100.
- Walk - West Essex Ramblers', meet 10.30am, road bridge near Epping Station, 9 miles on good tracks via Upshire and Ambersbury Banks, 30 minute drinks only pub stop.
- Walk - Ilford and District CHA Rambling Club, start 10.30am, Beckton Station (DLR), 6 miles, taking in a nature reserve along the way. Call 020 8926 4593.
- Goresbrook Squash Club - We run Essex

- Squash Mens and Ladies teams every Sunday 6.20-9pm, £3. 07814 902002.
- Learn to Dance Modern Jive - Hainault Forest Community Centre, every Sunday 7-10.30pm. 07768 005858.
- Sunday Service - Lighthouse Chapel International Church, Outset Centre, Frederick Street, Walthamstow, 11am-1pm. 07974 108350.
- Sunday Services, Kings Road Baptist Church, Chingford (junction of Kings Road and Scholars Road), 11am and 6.30pm.
- Sunday Services - Higher Life Christian Centre, Forest YMCA, 642 Forest Road, Walthamstow, 10am-noon. 012794159441.

### Monday, January 24

- Under 5s Club - Redbridge Museum, Central Library, Clements Road, Ilford, for 1-5 years and families, 10.30-11.30am and 1-2pm, £1.50 per child, booking essential. 020 8708 2317.
- Meeting - Leytonstone, Wanstead and District Philatelic Society, Wanstead House, The Green, Wanstead, 'Informal' 7.45pm. 020 8989 2885/020 8491 6235.
- Music Circle - Music Listening Appreciation Group, Rectory Library, Rectory Road, Dagenham, every Monday 7pm (except Bank Holidays), admission free. 020 8592 8821.
- Yoga Classes - The Peterhouse Centre, Walthamstow, Mondays 1-3pm and at Tiptree Community Hall, Barking, 7.30-9.30pm, call Kay Russell 020 8554 7168.
- Short Mat Bowls - Warren Heath Short Mat Bowls Club, Warren Junior School, Gordon Road, Chadwell Heath, Mondays and Fridays 7pm, further details Tony or Heather 01708 340874.
- Rehearsals - Redbridge Ladies Choir, Canon Palmer School, Seven Kings, Mondays 7.45-9.15pm. 01708 760964 or 020 8550 8677.
- Rehearsal - The Rodding Players Orchestra, Rodding Valley High School, Alderton Hill, Loughton (opposite the Underground Station), every Monday, 7.15pm, new members welcome. 020 8505 4329.
- Forest Highlanders - The Forest Highlanders Pipes and Drums, St Cedds Church, Seven Kings, every Monday 8pm. 020 8529 0453.

### Tuesday, January 25

- Meeting - Ilford Parkside Townswomen's Guild, Parkside Community Hall, Goodmayes, Ilford, 10am-12.30pm.
- Drop-in Guided Tour - Valentines Mansion,

- Emerson Road, Ilford, all welcome, 11-11.45am, £1.50, no need to book, enquiries 020 8708 8100.
- Rehearsals - Gilbert and Sullivan - Chapel End Savoy Players, St John's Church, Chingford Road, Walthamstow, Tuesdays 8-10pm. 07852 928287.
- Stress Relief and For Balancing the Mind and Body - The Lavender Room, Ilford, Tuesdays special price on Reflexology for over 60's, call Manjula 020 8252 1891 or 07929 038251.
- Coffee Shop - Eastern Avenue Baptist Church, East Road, Chadwell Heath, every Tuesday 10am, games, videos, friendship, all welcome. 020 8599 1479.
- Stroke Club - Parkside Stroke Club, Parkside Community Centre, Goodmayes Lane, every Tuesday 1.30-4pm. 020 8595 3973.
- Friendship Club, The Beacon Tree Pub, Green Lane, Dagenham, for mature and single over 45s, every Tuesday 8pm, further details Marie 020 8252 7074.

### Wednesday, January 26

- Illustrated Talk - Ilford Horticultural Society, Gants Hill Methodist Church, Gants Hill Crescent, Gants Hill, 'Pathways of a floral kind' by Jan Law, 2-4pm, visitors welcome, entry £1.50. 020 8550 1779.
- Meditation Group - South Woodford, meditation instruction from a qualified instructor, discussion and occasional recorded talks, free of charge, donations welcome, every Wednesday 7.30-9pm. 07940 131572.
- Live Blues Jam - Coach and Horses, 391 High Road, Leyton, featuring guests, regulars and house band musicians, entrance £2, listeners, £1 musicians, singers, drummers and musicians welcome, every Wednesday, 8.30-11.30pm. 020 8502 0351.
- Wings for Women Support Group - For women who have experienced Domestic Violence or Abuse, Wednesdays 6.30-8.30pm, details 0208 556 7111 or 020 8923 7498.
- Meeting - Talking Hands, a friendly Club for the Deaf and Hard of Hearing, Wednesdays 10.45am-2.45pm, York Room, Ilford Library.
- Stress Relief and For Balancing the Mind and Body - The Lavender Room, Ilford, Wednesdays discounted rates for Reiki for over 60's, call Rama 020 8550 3503 or 07989 843797.
- Table Tennis, Forest Community, Guildford Road, Walthamstow, every Wednesday 8pm, new members welcome, details Ray Massey 020 8524 4289.

■ Meeting - Friends Club, St Cedds Church Hall, Blythwood Road, Seven Kings (opposite Homebase), Wednesdays 1-4pm, short mat bowls and snooker, 50p per session.

### Thursday, January 27

- Woodland Management - Meet corner of Fullwell Avenue and Hursleigh Gardens, Clayhall, 10.30am-2.30pm, tools and refreshments provided, ages 16 years plus. 020 8559 2316.
- Meeting - Forest 50+ Leisure Group, Methodist Church Hall, Hermon Hill, Wanstead, 2-3.30pm, open to all, further details Mary 01268 562549 or Helen 020 8530 5504.
- Thursday Service - Lighthouse Chapel International Church, Frederick Centre, Frederick Street, Walthamstow, 7-9pm. 07974 108350.
- Meeting - Wanstead Rotary Club, County Hall, South Woodford, every Thursday 1-2.15pm, call David 020 8989 2701.
- Meeting - Barking and Dagenham Friendship Club, Methodist Church, London Road, Barking, Thursdays 2-4pm, £1.50 a session, mainly for people who have had a sad loss to make new friends. 020 8594 6439/020 8594 6409.
- Woodford Symphony Orchestra - A friendly amateur orchestra, which performs concert and major symphonies in Redbridge, rehearsals every Thursday evening. 020 8504 7783.

### Friday, January 28

- Ballroom, Latin and Popular Sequence Dancing, St George's Church, Gants Hill Avenue, class from 1.15pm to 2pm, tea dance from 2.15pm to 4.30pm.
- Fanciers Arts and Crafts - Gants Hill Methodist Church, Gants Hill Crescent, every Friday and Monday 10am-noon, for over 50's and disabled, volunteers always needed. 020 8590 3125 (after 1pm).
- Stress Relief and For Balancing the Mind and Body - The Lavender Room, Ilford, Fridays, special price for Indian Head Massage for the over 60's, call Manjula 020 8252 1891 or 07929 038251.
- Mummy Boot Camp - Wanstead, Mums and babies in buggies exercising together, Fridays 11am. 07719 626642.
- Badminton - St Anne's Church, 200 Larkwood Road, Chingford, friendly club welcomes new members, every Friday 8.30-10.30pm, no complete beginners, intermediate possibly, 020 8524 4069.

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## Property investment still safe as houses

Property prices are heading for another fall this year experts have warned, due to climbing unemployment, a lack of mortgage credit, and a continued squeeze on household budgets, but most people agree that property remains a sensible medium to long term investment.

The average cost of buying a home in the UK is tipped to fall by four per cent by the end of 2011, compared to 2010, according to CB Richard Ellis' latest house price forecast. This is despite the fact that affordability levels have improved.

The latest housing affordability index, published by Lombard Street Research in conjunction with The Daily Telegraph, shows residential property prices are at their most undervalued level since the mid-1990s.

However, because mortgage lending is tighter now than it was six months ago, very few first-time buyers will be able to take advantage of greater housing affordability, and are being forced into rental accommodation instead.

A lack of first-time buyers has not deterred many property investors from seeking to add to their property portfolios, if anything it is encouraging them to invest into the property sector, in anticipation of greater rental growth and medium term capital gains.

The latest Young Index sentiment survey - results for Q4 2010 - show that a high number of landlords expect rents to rise this year - particularly in London and the South East.

Landlords are in a strong position. Tenant demand increased faster than supply during 2010 and that is expected to continue well into 2011. A total of 86 per cent of respondents expect rents in London to rise between now and the end of the year and 77 per cent expect the same to see rental gains in UK location outside of the capital.

The property market in London and the South East are expected to continue to outperform the rest of the country, boosted by strong international demand, an anticipated City bonus pool of around £7.2 billion, and a chronic shortage of new homes coming onto the market.

In fact, the shortage of new build homes is expected create a deeper supply and demand imbalance, which should force property prices higher in the medium to long term.

Buying a new home should generally be viewed as a medium to long term investment because property prices traditionally move in upward cycles of boom, bust and stability.

According to the Halifax Property Price Index, the average price of residential property appreciated from £2,507 to £162,085 between 1959 and 2009, up 2.7 per cent annually excluding inflation - suggesting that a long term property investment remains safe as houses.



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By Marc Da Silva



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106 LUXURY  
APARTMENTS

NEARLY  
80% SOLD

DON'T  
MISS OUT!

## ONE & TWO BEDROOM LUXURY APARTMENTS

High specification kitchens • Stunning high ceilings and large windows  
Peaceful landscaped communal gardens • Fast access to the centre of London

**PRICES FROM £139,995**

Marketing Suite and Show Home Open Daily 10am - 5pm

Call the Sales Team NOW for more information

**TELEPHONE: 0800 542 7227**

[www.weston-homes.co.uk](http://www.weston-homes.co.uk)



Housebuilder of  
the year 2010



# YellowMotors

www.yellowadvertiser-today.co.uk

## County Liquidations Ltd

**100 CARS MUST BE SOLD ASAP  
NEW YEAR CLEAROUT  
NO REASONABLE OFFER WILL  
BE REFUSED**

Websters Yard, Pound Lane, Bowers Gifford, SS12 9JS

**01702 555 800 / 07891 038 283**

www.555800.com

### Garage Services

**Motorised**  
**JANUARY** **UK LTD**  
**SALE!!!**

**MOTs £30**  
Offer Ends  
**31st January**

**GoodGarageScheme.com**



#### MOTORISED UK LTD

Motts Lane, rear of 1144 Green Lane, Dagenham

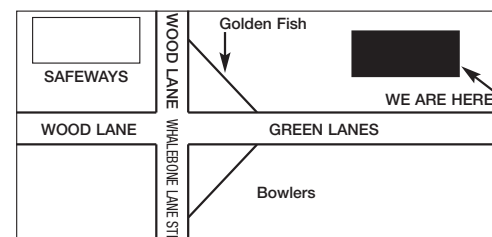
Tel: 020 8593 3004

Visit us at [www.mot-service.com](http://www.mot-service.com)



**WHILE YOU WAIT**  
INCLUDES FREE RE-TEST  
WITHIN 7 DAYS  
INCLUDING HEADLIGHT AIMS AND  
EMISSION ADJUSTMENT, BULBS.  
PETROL DIESEL TESTED.

**OPEN 6 DAYS**  
8am-6pm  
**MONDAY TO SATURDAY**  
**OPEN BANK HOLIDAYS**  
• BOOKINGS BY  
APPOINTMENT





**Mobile Mechanics**

**ANYTIME ANYWHERE  
MECHANICS**

**SERVICING & BREAKDOWN**

**0800 118 2054  
07836 762959**

**CONDITIONS OF ACCEPTANCE  
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Boxes are open for the receipt of bona fide answers and are not available for distribution of trade canvassing matter. Original testimonials, goods, cash, cash stamps or payments of any kind must not be enclosed. A box number and postal address are charged as part of the advertisement, i.e. Box No., centre address. There is no charge for forwarding replies. Box numbers alone are not available for use in "Trade" advertisements, other than Employment and Business Opportunities.

**Holiday & Travel Category**

All advertising must contain the name of the advertiser, phone number alone are not permitted.

**Data Protection**

The service you have requested may require us to carry out a credit search at a credit-referencing agency, which will record the fact that a search has been made. We may need to share your information with other lenders and credit reference agencies. However, we will only use the information from these searches to make credit-granting decisions and, if necessary, for fraud prevention or tracing debtors.

Data controller will use your information for administration and analysis. We may share your information with other Trade Group Newspaper companies or carefully selected third parties. We, or they, may send you details of other goods and services, which may be of interest to you. The information may be provided by letter, telephone or other reasonable means of communication. Calls may be recorded or monitored for training purposes.

Special conditions apply with regard to the advertising of adult services, which are outlined to all persons submitting such advertisements.

**CARS WANTED**

**CASH TODAY**

**1/2 HOUR ANYWHERE**

**£700 MIN - £20,000 MAX**

**MoT or not. Good, clean or damaged  
(vans wanted). High or low miles**

**020 8529 4321**

**7 days, 24 hours**

**M & M**

**Scrap Cars & Vans  
Wanted**

**£190+ Guaranteed**

**Same Day Collection**

**We guarantee to give  
Certificate of Destruction**

**Fully Licensed Site**

**01268 414 744**

**07597 352 019**

**Cars Wanted**

**MOTORBIKES WANTED**

**Good or bad. Anything considered.**

**MoT or not.**

**01708 555929**

**7 days – Within the hour pick-up**

**Vehicles Wanted**

**WANTED**

**CARS VANS  
CLASSICS**

**Anything Considered**

**Cash within the HOUR**

**01708 523 374**

**Mobile Mechanics**

**Mobile  
Timing  
Belts**

**Is Your  
Timing Belt  
Due For  
Renewal?**

**NO  
VAT**



**In most cases Belt failure will result in  
expensive engine damage**

FIESTA/FOCUS Zetec	from £130
FOCUS 1.8 Diesel (Kit)	£135
PEUGEOT 206/SAXO/CLIO	from £125
PEUGEOT/CITROEN HDi	from £165
VAUXHALL DTi	£140
ASTRA/VECTRA/ZAFIRA 16v (Kit)	£175
GALAXY/VW TDi (Kit)	from £200
MEGANE Scenic 16v	£175

**Phone for advice on recommended  
replacement intervals**

**Tel: 077401 92608 (days)  
01708 852375 (evenings)**

**Supplied, fitted and guaranteed at  
your home or your workplace**

**30 Years Experience**

**CARS  
WANTED**

**SAME DAY COLLECTION.**

**WE PAY £170+ WITH OR  
WITHOUT MOT.**

**Non-runner, scrapers,  
anything cleared.**

**Tel: 07516 613 748**

**A1 SCRAP**

**£190+**

**up to £1000**

**ANY VEHICLE**

**SAME DAY COLLECTION**

**07784 232 112**

**TRY THE BEST - LEAVE THE REST**

**SCRAP VEHICLES WANTED**

**£190+**

**GUARANTEED**

**01245 403 220**

**WE GUARANTEE  
TO PAY**

**£170+**

**FOR ANY SCRAP VEHICLE**

**SAME DAY COLLECTION**

**07867 591 090**

**WE PAY WHAT WE SAY**

**B. & P. CARS**

**ANY TYPE OF  
VEHICLE WANTED**

**Scrap or Not**

**Top prices paid**

**Friendly, polite, 7 day service**

**7.00am-11.00pm**

**020 8594 6661**

**07963 203 528**

**All Scrap Cars**

**WANTED**

**Any Condition**

**Top Prices Paid**

**Call Now**

**01708 503 685**

**WANTED**

**SCRAP CARS & VANS**

**Guaranteed Minimum**

**£100**

**'94 onwards**

**Fast efficient Service**

**Collected Anytime**

**01708 523 374**

**Cars Wanted (Trade)**

**£170+**

**GUARANTEED FOR  
YOUR SCRAP VEHICLE**

**01277 631 875**

**07786 097 646**

**WANTED**

**CARS & VANS**

**TOP PRICES PAID**

**Good Clean Cars, any age, any  
condition, MOT failures, non-runners**

**Nothing Refused**

**07948 013 257**

**ROMFORD BASED**

**Anytime 7 day/eve**

**D.V.L.A Confirmation**

**WANTED**

**£100 MINIMUM**

**CARS & VANS**

**4x4s - MPVs - Trucks**

**07758 160 142**

**TOP CASH PRICES**

**ROMFORD BASED**

**D.V.L.A. Confirmation**

**Established Registered 1984**

**Cars and  
Vans  
Wanted**

**MoT or not, Write offs,  
Classics and Non-runners,  
MoT Failures.**

**Top Prices Paid**

**01708 555929**

**£ CASH £**

**4 CARS**

**Any car, van, motorbike,  
classic cars, anything considered.**

**£5 - £5,000**

**01375 391350**

**ONE HOUR COLLECTION**

**24 HOURS - 7 DAYS**

**ALL AREAS COVERED**

**£**



**To Advertise  
in the Motors  
Section of  
your Yellow  
Advertiser**

**Call now on**

**1268  
503400**



# Yellow Classified

www.yellowadvertiser-today.co.uk

## Selling something?

### BARGAIN ADS UNDER £100

Call 0905 624 0595

Calls cost £1.00 per minute from a BT Landline. Other networks may vary, calls from a mobile could be considerably higher. Text YABARGAIN (space) Advert up to a maximum of 150 characters and sent to 83149. Texts cost £1.00 plus standard network rates. If you do not want to receive details on any other products or services, please text the word STOP at the end of your message. (Your advertisement will appear in the next available edition) We do not accept bargain ads under £100 by fax, post or in person.

### BARGAIN ADS OVER £100

Call 01268 503 400

Minimum charge £9.00 • 9.00am-5.00pm

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## Business Advertising

### By phone

Recruitment: **01268 503 420**

Classified: **01268 503 430**

Monday-Thursday 9.00-5.30

Fri day 9.00-5.00

Calls may be monitored

### By post

Yellow Advertiser

Acorn House

Great Oaks, Basildon,

Essex SS14 1AH

### By fax

**01268 503 418**

**01268 503 419**

**01268 503 455**

### In person

Pop into our town centre office

Monday-Thursday 9.00-5.30

Friday 9.00-5.00

Acorn House, Great Oaks

Basildon

# Yellow Recruitment

www.yellowad-jobs.co.uk

## Van & Lorry Owner Drivers REQUIRED!

*New Contracts are like buses.*

*None all year then loads come along at once!*

Good rates, Paid 7 days

**0845 070 78 72**

## PCO Owner Driver

Required for exceptionally busy Minicab office

4 weeks free rent

Call Trevor

**07718 731 031**

Freephone in all major Supermarkets & Hospitals

## Earn £200-£2,000 per month

Delivering and Collecting Catalogues

Flexi Hours

Local Vacancies

**0203 051 0181**

www.yourgoldengoose.com

## Beat the Recession

*Ideal second income in the Debt Collection Industry*

Car, Phone and 20 committed hours essential.

Contact Martin on

**07525 123 094**

or e-mail

[mengland@scotcall.co.uk](mailto:mengland@scotcall.co.uk)

*People who look in this paper are ready to buy*

**ADVERTISE TO THEM**

## NEWSPAPER DISTRIBUTORS

**Required to deliver the Yellow Advertiser within this area.**

Please complete the form below and return to the following address or email us at [distribution@yellowad.co.uk](mailto:distribution@yellowad.co.uk)

Name:- .....

Address:- .....

Postcode:- .....Age:- .....

Telephone number:- .....

**All applicants must be 13 years or over.**

**Distribution Department  
Acorn House, Great Oaks  
Basildon, Essex SS14 1AH**

**ROSES ARE RED  
VIOLETS ARE BLUE  
TELL THAT SPECIAL PERSON  
YOU LOVE THEM FOR £10.00  
YOU KNOW YOU WANT TO.  
01268 503400**

## Bargain Buys

**HOTPOINT DISHWASHER** vgc, £85.KINGSIZE BED, vgc, £70. Tel: 07931 972893.

**HOTPOINT UPRIGHT FRIDGE FREEZER** white, exe cond, buyer collects, £90. Tel: 01268 696319.

**FREEZER** under worktop size, clean, modern, vgc, possible delivery, £65. Tel: 01708 453490.

**WASHING MACHINE** Tricity Bendix, advance eco system, can deliver, £60. Tel: 01277 634805.

**OLD FASHIONED WATER FEATURE** plus light, (light works but water feature doesn't), buyer collects, £8. Tel: 07796 886 755 anytime

**CUSHIONS** all with zips, two brown, two fawn, two white fur, two lemon, some sparkle, 18in, £15. Tel: 07951 766167 or 01277 633 158

**CROSS TRAINER** magnetic elliptical strider, heart monitor, calorie counter,gym quality, unwanted xmas present, £100. Tel: 01277 634805

**JUNIOR SNOOKER** table, length 5ft x width 2ft 6in, snooker cues, balls, triangle & scoreboard, vgc, £50. Tel: 01375 892 251.

**TOSHIBA TV** 23in wide, screen 17in wide, flat at front but not slim, depth 19in, remote control, exe cond, £100. Tel: 07947 819 338

**WHITE KITCHEN TABLE** 80 x 80cm square, extending to 140cm, four white chairs, navy seats, newly padded, £450. Tel: 01277 624 968

**GLASS FRONTED TWO DOOR MAHOGANY COLOURED DISPLAY / BOOKCASE** three shelves, £40, with books, £60. Tel: 01268 751545 after 5pm.

**SOLID WOOD DINING TABLE** 180cm x 90cm £100. 6 x Matching chairs incl 2 x Carver chairs £75. Tel: 07733 222796

**SOFA** in cream with crimson piping £100. Chairs £50 each . Old charm solid oak tv unit & console table £50 each. All items excellent. Tel: 0208 504 4331

**TWO LEATHER SOFAS** CREAM, pick-up only, £50. TREATMENT MASSAGE TABLE, white, portable, inc black velvet cover, carrycase, vgc, used twice, pick-up only, £45. Tel: 07985 769654.

**SOLID MALYSIAN WOOD COFFEE TABLE** 46in x 28in, very modern, exe cond, was £400, accept £950. INLAID BOOKCASE, was £1000, exe cond, accept £950. Tel: 01277 810854.

**WANTED FOOTBALL PROGRAMMES & TICKETS** Collector seeks Tottenham, W Ham, Liverpool, Man U, Chelsea, Arsenal & finals esp pre 1970. Tel: 01245 358 660

**OLD TRUNK 1950s/60s** buyer collects, £15. Tel: 07796 886 755 anytime

## Bargain Buys

**BEECH WOOD COFFEE TABLE** 20 x 40in, £20. Tel: 01268 533022

**KENWOOD DISHWASHER** move forces sale, gc, £95 ono. Tel: 01268 756 511.

**JVC AV29SX1EK COLOUR TV** £50ono. Tel: 01268 695 148 after 3pm

**SMALL ROUND TABLE** buyer collects, £4. Tel: 07796 886 755 anytime

**THOMAS MOTOR ROAD** and rail, medium train set by Tomy, £15. Tel: 01375 671 699

**WHITE FRIDGE** under table top as new £50 ono Tel: 01702 298518

**LADIES RALEIGH MOUNTAIN BIKE** 26in wheels, 15 speed, exe cond, £50. Tel: 01268 735896

**LEATHER SOFAS** two x two seater, blue, £450. Tel: 01268 745962.

**OVAL TABLE** six chairs, solid mahogany, vgc, accept £700. Tel: 01277 810854.

**TOW BAR** Vauxhall Vectra, 03 reg onwards, £60. Tel: 01268 699 218

**SPANISH GUITAR** vgc, buyer collects, £6. Tel: 07796 886 755 anytime

**SMALL DOG OR CAT SHELTER** for sale. £25.NEW RABBIT HUTCH for sale £45 will deliver free. Tel: 01268 473365

**BOYS MOUNTAIN BIKE** black & orange, 24in wheels, 15 speed, front suspension, exe cond, £40. Tel: 01268 735896

**DINING TABLE**, four chairs, Ikea fusion brown, exe cond, 2mths old, £950. Tel: 01708 608767.

**FOIL BALLOONS** Birthdays, baby congratulations, weddings, get well 50p each. Tel: 01708 459 898

**FOOTBALL TABLE** exe cond, soft grip handles, length 43in x height 32in, was £80, selling £30. Tel: 07947 819 338

**GIRLS MOUNTAIN BIKE** mauve & pink, 24in wheels, 15 speed, vgc, £35. Tel: 01268 735896.

**MAMAS & PAPAS** combination 3-in-1 pram/pushchair, with raincovers, basket, exe cond, £650. Tel: 01268 743 867

**4FT X 4FT COMPUTER CORNER STAND** vgc, £400. Tel: 01268 414351.

**CARAVAN TRAILER** hitchlock, £25. Tel: 01268 699 218

**SUNCAMP FAMILY FRAMED TENT** vgc, bargain £50. Tel: 01268 510 715

**SMALL CAMPING GAS LAMPS** with cartridge, gwo, £5. Tel: 01268 510 715

**WHITE KITCHEN** table, 80 x 80cm square, extending to 140cm, four white chairs, navy seating, new padded, £450. Tel: 01277 624 968.

**POTTERILL SUPRIMA 120L BOILER** GC N.O.4159049. Boiler in perfect working order when taken out in Nov, £75 ono. Buyer to collect. Tel: 01375 360 190



## Bargain Buys

**COTBED** solid pine, inc mattress, superb cond., £40. **HUMPHREYS** CORNER, cotbed bedding bundle, £15. Tel: 01702 556874.

**LITTLE TIKES** car transporter, plus two cars, approx 2ft long, can be sat on, £8. Tel: 01375 671 699

**BOYS TOYS** age 3-5, inc garage, buyer collects, £10. Tel: 07796 886 755 anytime

**ROARY DRESS-UP SET** 3-5yrs, £4. Tel: 01375 671 699

**PAIR PLASTIC RAMPS** £15. Tel: 01268 699 218

**CUSHION** 24 x 24in, white, £15. Tel: 07951 766167 or 01277 633 158

**DARK WOOD RECORD CABINET** size 19½in wide x 34in long x height 27½in, £30. **CREAM LINED PENCIL PLEAT CURTAINS**, just cleaned, 67in drop x 82in width window, £20. Tel: 01708 551462.

**MCLAREN PUSHCHAIR** pink & grey, exe cond, £25. **DORA LARGE INTERACTIVE HOUSE** with accessories, boxed, exe cond., £20. **BUILDER BEAR WARDROBE**, exe cond, as new, £8. Tel: 01375 400640 or 07970 137449.

**CARPET** dark beige, unused, still wrapped, size 13ft x 13ft 6in, can deliver, £39. **BED**, 4ft 6in, double divan, plus mattress, unused, still wrapped, can deliver, £83. **UNDERLAY**, full 18sq.yd roll, unused, still wrapped, can deliver, £39. Tel: 01245 420743.

**BOOKCASE** exe cond, inlaid, was nearly £1000, accept £99 ono. **TABLE & CHAIRS**, six chairs, oval table, £99ono, matching bookcase available. Tel: 01277 810854.

**BEECH CHEST DRAWERS** top quality, handmade, chrome handes, three drawers, 32in wide x 32½in high, cost £450, exe cond, £75. Tel: 07947 819 338

**MAMAS & PAPAS** pine cotbed, exe cond, £60. **BABY WALKER** with toy activity tray, exe cond, £15. **PURE SILK SANDERSON** throw-over, brown chocolate, was £165, matching cushions available, £45 the set. **SYLVANIAN OLD SCHOOL HOUSE** for Sylvanian families, exe cond, £10. Tel: 01268 768633.

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**ANN** 30, slim, attractive, dark features, solvent, missing romance and love in my life, seeking genuine mate for companionship, mutual spoiling. **Tel No:0906 500 6358 Box No: 357155**

**BROADMINDED** 22yr old female who loves travel, socialising and cosy nights in, looking for her prince charming, any age/status. **ACA. Tel No:0906 500 6358 Box No: 357157**

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**VOLUPTUOUS** bubbly female with red hair, 32, outgoing, down to earth male to enjoy life and love with. **Tel No:0906 500 6358 Box No: 354649**

**TALL** blue eyed blonde, curvy and fun, loves dancing, seeks tall well built guy to share happy times and see what the future brings. **Tel No:0906 500 6358 Box No: 354651**

**VERY** pretty funny slim brunette, 39, fit and active, seeks good looking guy for fun romance and more. **ACA. Tel No:0906 500 6358 Box No: 354653**

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**ATTRACTIVE** petite blonde, 47, will try anything once, varied interests, seeks laid back male for friendship, good conversations and more. **Tel No:0906 500 6358 Box No: 353637**

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**OUTGOING** blonde bombshell, 44, gorgeous green eyes, seeks caring male who is also looking for lots of fun and TLC. **Tel No:0906 500 6358 Box No: 353655**

**VERY** attractive happy go lucky female, 37, long dark hair, lovely smile, seeks cool exciting guy to enjoy life to the full with. **Tel No:0906 500 6358 Box No: 353659**

**OUTGOING** blonde, 29, big blue eyes, great personality, fun to be with, WLTM intelligent mature male for a loving relationship. **Tel No:0906 500 6358 Box No: 353661**

**REAL** party girl, blonde, 34, attractive and funny, looking for similar guy who also knows how to have a good time. **Tel No:0906 500 6358 Box No: 353663**

**DOWN** to earth, slim brunette, curves in all the right places, looking for easy-going, fun guy for some relaxed fun times. Looks unimportant. **Tel No:0906 500 6358 Box No: 353417**

**LOVELY** lady, 48, beautiful curves, many interests, just wants to meet an honest decent guy and make him happy. **Tel No:0906 500 6358 Box No: 353417**

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## Grant focuses on football as speculation hits fever pitch

### West Ham United

UNDER-fire West Ham boss Avram Grant praised the club's fans and said he would deal with the job at hand as speculation about his future hit fever pitch.

While the national media was predicting Grant would be out of a job and replaced by Irishman Martin O'Neill irrespective of the result against Arsenal, the Israeli kept a respectable air of decorum.

"I prefer to talk about football rather than answer questions about other things around, especially when I am not the man you need to be asking," said the former Chelsea and Portsmouth boss.

"I want to focus on the thing I can control and this is the team."

Suffering from a huge raft of injuries, the Hammers were given little chance against Arsenal before the game and it proved that way.

The Gunners had something to prove after a mid-week defeat in the Carling Cup semi-final first leg against Ipswich and they did so with an clinical performance.

The first goal came on 13 minutes when Theo Walcott got the better of debutant Wayne Bridge and crossed for Robin Van Persie to smash home after Samir Nasri had cleverly let the ball run on.

West Ham did have a chance to get back into the game when Johan Djourou's poor backpass played in Carlton Cole, but his effort was blocked by Wojciech Szczesny and Zaven Hines shot the rebound over.

Walcott, Nasri and Van Persie continued to threaten at the other end and there was no surprise when two of them combined for the second goal.

Dutchman Van Persie pulled the ball back for Walcott to fire in from close range.

Arsenal were in cruise control in the second half and although Szczesny had to be alert to keep out Freddie Sears, only one team was ever going to win the match.

Bridge, who endured a horrible debut after his loan switch from Manchester City, hauled down Walcott in the box on 77 minutes and Van Persie converted for his second of the game.

Grant went to applaud the emptying stands at the end of the game. Only time will tell how often he gets to do that again.



**CHANCE:** Philippe Mueller goes for the net.

Picture by Julianne Bonner

## Lions dish out thrashing to the Bruins

### Ice Hockey

AFTER an embarrassing 5-0 loss on their own ice, Streatham Bruins should have been hungry for revenge when they visited Lee Valley Lions on Saturday.

However, it did not turn out that way with the Lions running out 11-3 winners.

The Lions put on a solid performance and achieved a satisfying win but their opposition posed no real threat from start

to finish.

They will need to formulate an intense plan of attack for this Saturday's game when they face league leaders, Solent & Gosport Sharks, at 5.15pm.

## Thurrock's revival continues as Clarets lose ground

### Non-League Football

CHELMSFORD City's promotion hopes from Blue Square South were dealt a massive blow on Saturday, losing 2-0 at relegation battlers Boreham Wood.

The Clarets lost ground on leaders Braintree Town, after starting the day level on points.

New signing for Wood, Old Sogbanmu, put the hosts ahead after 20 minutes, while Jon Clements made sure they moved off the table on 56 minutes and leaving City disappointed.

Thurrock's revival continued, beating Welling United 2-1 at Ship Lane under caretaker manager Grant Gordon.

Jamie Richards put Fleet ahead in the 38th minute, with David Knight doubling their advantage three minutes in the second half. Andy Pugh pulled one back for Welling with a penalty 13 minutes from time, but Fleet hung on for the three points, and climb out of the relegation zone.

AFC Hornchurch are a point outside the play-off places in Ryman League Premier after winning 2-1 at fellow hopefuls Cray Wanderers on Sunday.

Jonathan Hunt scored a double for the Urchins, who had a nervous last

13 minutes when Tyrone Sterling pulled one back for the home side.

Billerica Town's poor run of form continued, losing 3-1 at Tonbridge Angels.

Lee Browning and Lewis Taylor put Angels 2-0 up in the first half-hour.

Harrison Chatting halved the lead for Billericay with 25 minutes remaining, but Browning clinched the points for Angels with his second.

Concord Rangers picked up an impressive 1-1 draw at leaders Sutton United.

Harry Elmes put Concord ahead after 18 minutes, while Bradley Woods-Garness levelled for Sutton after the interval.

Canvey Island won 2-0 against Margate. Rob King opened the scoring after 20 minutes and scored a penalty seven minutes later.

Gull's keeper James Russell saved Shaun Welford's spot-kick with five minutes remaining to keep a clean-sheet.

Aveley lifted themselves out of the relegation zone with a 1-0 win at fellow strugglers Horsham - Orlando Smith grabbing the winner 12 minutes after half-time.

Leaders East Thurrock United recorded their 11th successive victory

in Ryman League Division One North but were made to work for their 3-2 win over Great Wakering Rovers.

Wakering debutant, Ross Wall, made an impact, scoring his first for the club after nine minutes. Kris Newby levelled only for Dan Trenkel to put Wakering back ahead before half-time.

But Max Cornhill made it 2-2 six minutes in with Ryan Sammons grabbing a rare goal to win the match for the Rocks with 20 minutes to go.

Maldon & Tiptree are third and things looked good when ex-Chelmsford midfielder Ollie Berquez put them ahead in the eighth minute against Potters Bar Town.

However the visitors scored through Jose Espinoza and Luke Crolla (pen) give them the advantage, only for Berquez to rescue a point in the 70th minute.

Romford moved up to fifth, winning 3-2 at Cheshunt. Paul Kavanagh (pen) and Toran Senghore put them 2-0 at half-time.

Brad Harrison replied on the hour for the hosts and also converted a last-minute penalty, although that followed Perry Burns' goal to put Boro 3-1 up.

Waltham Forest picked up a huge 1-0 victory at fellow strugglers and

landlords Ilford to move themselves away from the danger zone.

Despite having Ian Luck sent-off after 55 minutes, Forest went ahead through Brian Okwera ten minutes later, although they were then down to nine men with Joel Palmer seeing red.

Defeat left Ilford in 21st place, effectively bottom after Leyton's withdrawal due to debt.

Grays Athletic came from behind to beat Harlow Town 2-1.

Danny Brown's penalty for Harlow put them ahead after 36 minutes, but Grays battled back through Simon Thomas and Alex Osborn.

Heybridge Swifts snatched a 4-3 win at Tilbury.

The Dockers twice lead through Ben Bradbury and Jack West, with Swifts hitting back through Luke Callander and Taylor Hastings.

Callender put them ahead in the 55th minute, but Bradbury's penalty made it 3-3 with 10 minutes left.

Midweek fixtures saw East Thurrock extend their lead with a 4-2 win over AFC Sudbury on Tuesday night.

Ilford's problems near the bottom deepen with a 5-2 defeat at Cheshunt, while Waltham Forest continue their mini revival, picking up a 2-2 draw at mid-table Great Wakering Rovers.

### Rugby Union

## Barking come back to win

BARKING held on to their unbeaten record but were made to work for their 20-18 victory over Rosslyn Park on Saturday.

The result means Barking have a seven point lead at the top of National League One.

Barking's record was under threat, but they got points on the board before half-time, with Harry Owens scoring two penalties to make it 6-13.

In National Two South, Southend recorded their 10th win of the season, beating Shoreford 21-12.

Tries from Alan Barker and Sam Arnot, plus penalties and conversions from Simon Hoults and Andrew Frost ensured a well earned victory, despite a late rally from Shoreford.

Westcliff's domination of London One North continued, beating Colchester 16-10.

Chingford are third after seeing off lowly Tabard 20-0, while Thurrock move up to fourth with an impressive 19-30 victory at Woodford.

Eton Manor had no answer to Bury St Edmunds, losing 63-0, while Brentwood lost 30-8 at second place Sidcup.

The battle at the top of London Two North East continues, with Rochford Hundred keeping the pressure up on leaders Braintree, following their 8-20 victory at Sudbury.

Rochford are level on points with Braintree but the latter has a better score difference.

Romford & Gidea Park keep a watching brief in third, beating bottom side Beccles 7-12, while Chelmsford continue their good form, winning 35-8 against Old Streetonians.

Canvey Island remain fifth following their 14-7 success over Harlow.

In London Three North East, Basildon are four points behind leaders Lowestoft & Yarmouth after being held to a 7-7 draw at Wanstead.

Uppminster produced the performance of the day, winning 22-27 at third place Newmarket, while South Woodham Ferrers consolidated their mid-table position with a 13-27 triumph at Wisbech.

Campion picked up a good result on their travels, beating Mersea Island 0-21, while Bancroft remain bottom, losing 26-12 at Norwich.

### Leyton Orient

## Orient beat Canaries

**By Rowland Lyons at Spotland**

BEN Chorley was on target as Orient grabbed a point at Spotland last Saturday, after the east Londoners led behind a first-half Terrell Forbes own goal.

Boss Russell Slade said: "We dug deep today and got a well-deserved draw. I thought up until their goal it was a really even game."

"Obviously, the big thing today was the pitch and whether the game would go ahead and conditions were not conducive to good football. Both sides wanted to play football. They [Rochdale] dominated the first and I thought we edged the second [half]."

"I am really chuffed for Ben Chorley. He's scored three now and had a certain aura about himself in the penalty box. Perhaps, he'll go on and run now and get four or five for us."

■ Orient entertain Sheffield Wednesday this Saturday (kick-off 3pm)

### Dagenham & Redbridge

## Daggers grab vital victory

DAGENHAM & Redbridge showed they are not giving up the fight against relegation from npower League One, winning 1-0 at Hartlepool United on Saturday.

Gavin Tomlin struck late on to give the Daggers the three points, to leave them six points from safety.

• Dagenham will host MK Dons on Saturday, kick-off at 1pm.